

# Group Dynamics - CONSTELLATIONS

Session 2 – IMPRINT+ Training course



**IMPRIINT+**



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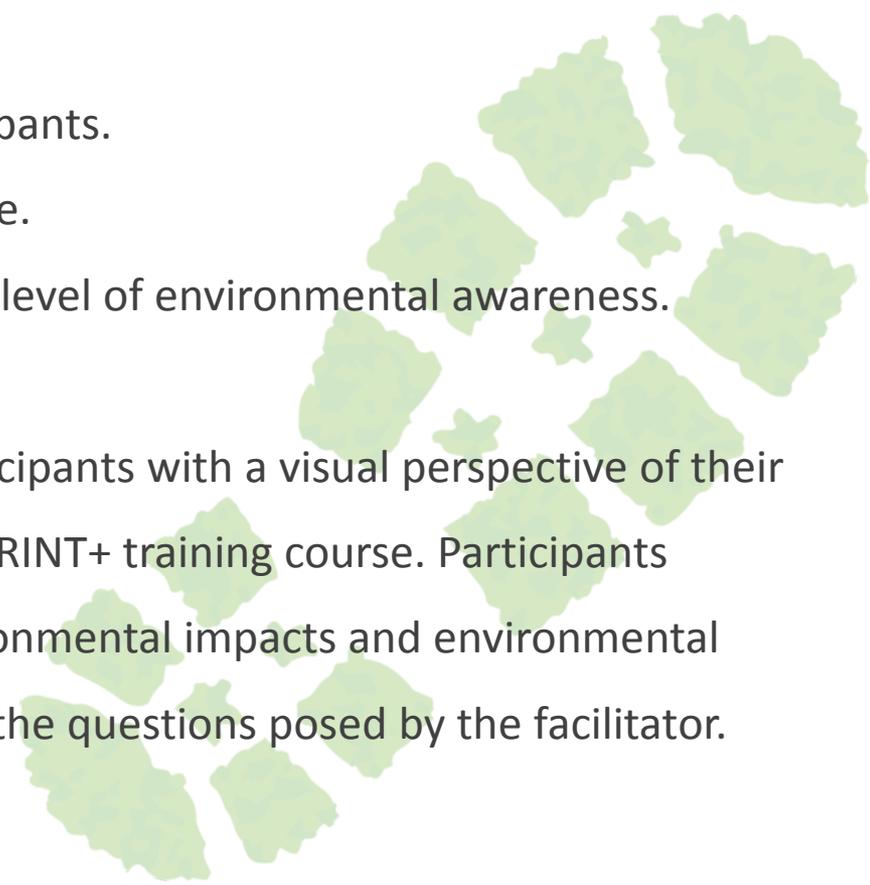
**Group Dynamic Title:** CONSTELLATIONS (Group Dynamic)

**Learning Goals:**

- To promote the interaction among participants.
- To highlight the aims of the training course.
- To promote the self-evaluation about the level of environmental awareness.

**Background Information:**

With this activity, we aim to provide the participants with a visual perspective of their starting point and of the objective of the IMPRINT+ training course. Participants should be familiar with the concepts of environmental impacts and environmental awareness in order to be able to understand the questions posed by the facilitator.



### **Prior Knowledge Needed** (*For the facilitator*):

The facilitator should be familiarized with the concepts of:

- Impact and awareness;
- Economic, social and environmental dimensions,
- Orientation along axes and towards poles, and (*preferably*) of Cartesian referential.

**Materials:** printed cards, for orientation of axes.

**Duration:** 20 – 30 minutes.

**Age Range:** Adults.

### **Instructions:**

Room organization: open space (indoor or outdoor)

Methodology: A set of questions will be asked to the participants which they will try to answer by placing themselves along a predefined axis (or axes) across the room.

**1<sup>st</sup> Question:** *How often do you teach young people about environmental topics?*

**Answer:** Participants should position themselves according to a NEVER – ALWAYS axis. After, you should invite them to reflect on the result.



**2<sup>nd</sup> Question:** *How much do you think your actions can negatively impact the environment?*

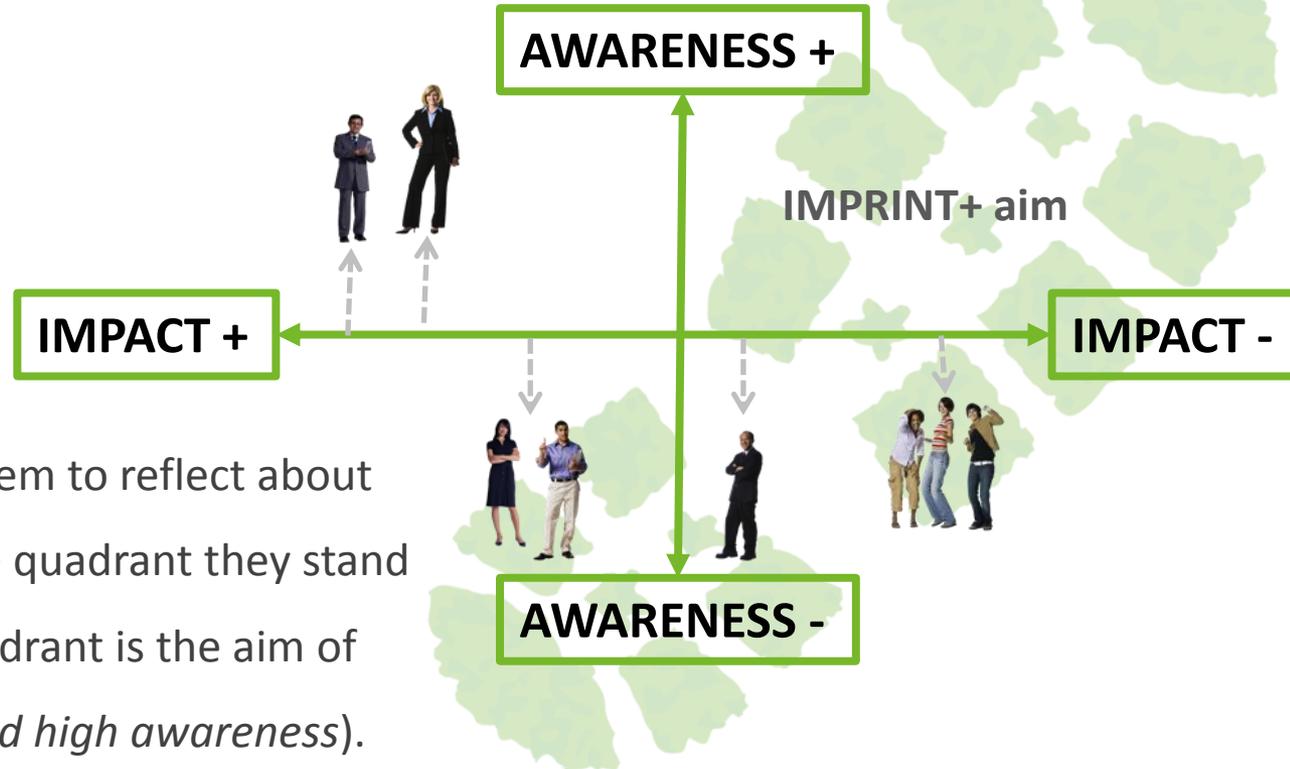
**Answer:** Participants should position themselves according to an intensity of IMPACT axis (minus to plus) and stand in their position.

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**3<sup>rd</sup> Question:** *How much are you concerned with your level of environmental impact??*

**Answer:** Starting from the end position of the previous answer, participants should move themselves sideward according to an intensity of awareness axis (minus to plus).



After, you should invite them to reflect about the result, focusing on the quadrant they stand in and asking which is quadrant is the aim of IMPRINT+ (*low impact and high awareness*).

**4<sup>th</sup> Question/Instruction:** *Move closer to the topics that you understand better.*

**Answer:** Participants should position themselves towards ECONOMIC, SOCIAL or ENVIRONMENTAL axes. After you should invite them to reflect about the result.

